

Deep Coaching

Using the Enneagram as a Catalyst for Profound Change *(Second Edition)*

by Roxanne Howe-Murphy

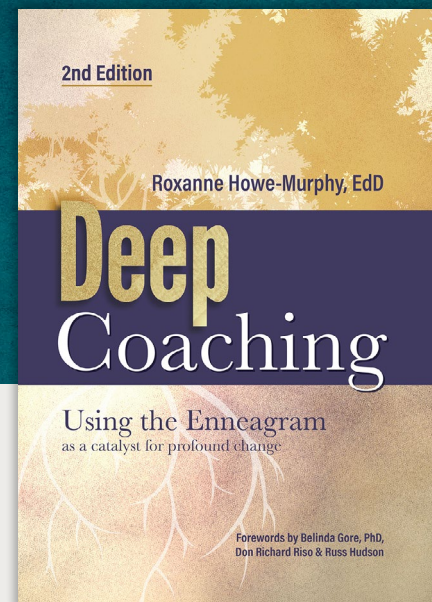
In the second edition of her groundbreaking book *Deep Coaching: Using the Enneagram as A Catalyst for Profound Change*, Dr. Roxanne Howe-Murphy refines the integration of Enneagram wisdom and coaching with more than 40 percent new and updated material.

Offering a radically compassionate, counterintuitive approach to the change process, this book helps coaches meet clients where they are and support them in exploring that which is beyond their usual way of knowing themselves. By recognizing that one's core Enneagram type is a powerful starting place to experience a new relationship with oneself, coaches can guide their clients in transformative movement toward wholeness.

Through Deep Coaching:

- ♦ Learn processes for bringing your clients' attention to their three centers of intelligence as a basis for presence that changes everything.
- ♦ Build client capacity for the transformative impact of direct, in-the-moment contact with their experience, creating shifts to meaningful choice and inner freedom.
- ♦ Support clients in embodying the alignment between their authentic inner guidance and the outward expression of their true priorities.
- ♦ Engage in your own transformative process and embrace the sacredness of being with your clients life-altering work.

Join growth-oriented professionals around the globe who are having a profound impact through Deep Coaching as coaches and clients alike are led to significant outcomes that could not have been predicted.



About this Edition

- **Over 40% new and significantly revised/reorganized** over original book (2007)
- **Used as a textbook in leadership, organizational development, health fields, coaching and psychology curricula**
- **Countries that are a good fit for this book:** International Enneagram Association (IEA) country affiliates, including Argentina, Brazil, China, Denmark, Egypt, Finland, France, Korea, Netherlands, Norway, Portugal, Spain, Sweden, and Taiwan

PRODUCT SPECS

Forewords by Belinda Gore, PhD,
Don Richard Riso, and Russ Hudson

Personality / Professional Development /
Inspiration & Personal Growth

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A must-have coaching book that was new in 2007 and is still revolutionary in its approach today.

Of special note is that Roxanne Howe-Murphy's two groundbreaking titles speak to interrelated audiences. *Deep Living with the Enneagram: Recovering Your True Nature* (revised in 2020) is offered to readers who are drawn to developing greater self-awareness and transformation, and who may seek out a coach or other growth-oriented professional. Professional coaches also may recommend this book to their clients. *Deep Coaching: Using the Enneagram as A Catalyst for Profound Change* is written primarily for growth-oriented professionals.

RAVE REVIEWS

This is a living, dynamic teaching. I invite you to immerse yourself in it to discover what it will awaken in you.

-Belinda Gore, PhD, author, *Finding Freedom in Authentic Relationships: A Life-Changing Exploration of the Enneagram and Object Relations*

I enthusiastically urge anyone wishing to work with physical, emotional, and spiritual healing to embrace this volume.

-Karen A. Van Zino, MD, author *Midnight's All a Glimmer: Poetry, Personality, and the Power to See*

Deep Coaching is both profound and practical. Roxanne's wisdom and counterintuitive approach to change is powerful.

-Marcia Hyatt, PCC Leadership Coach, Creator of *Best of Ourselves Podcast*, author, *What Have I Mythed? Stories for Reflection*

A blueprint for change that is immediately accessible, universal in application, and profound in its orientation.

-Diana Redmond, PCC, International Coaching Federation Mentor Coach

The art of Deep Coaching opens practitioners and clients alike to the mystery of our ourselves as we relax into and embrace our truer nature.

-Brian Mitchell-Walker, PPC, Canada, Former International Enneagram Association Board Conference co-chair

About the Author

Roxanne Howe-Murphy is a pioneer in integrating the Enneagram and coaching. She is the author of *Deep Coaching: Using the Enneagram as A Catalyst for Profound Change* (2007; second edition 2022), founder of an Enneagram coaching school, and a presenter at the International Enneagram Association conferences since 2011.

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A Blueprint for Change!

Deep Coaching: Using the Enneagram as A Catalyst for Profound Change (2nd Edition)

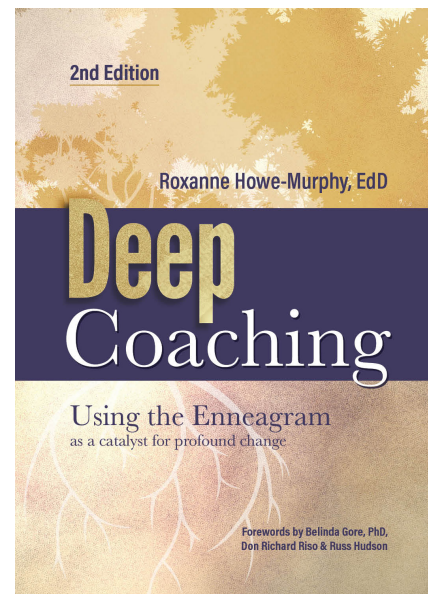
by Roxanne Howe-Murphy, EdD

(Santa Fe, NM, July 20, 2022) PenPower is pleased to announce that Santa Fe author Roxanne Howe-Murphy, EdD, has published the 2nd Edition of her groundbreaking book, *Deep Coaching: Using the Enneagram as A Catalyst for Profound Change*. Due for release on August 1, 2022, *Deep Coaching*, “offers a powerful map for how to walk with someone into the tender territory of personal transformation.”

In the second edition of *Deep Coaching: Using the Enneagram as A Catalyst for Profound Change*, Dr. Howe-Murphy refines the integration of Enneagram wisdom and coaching with more than 40 percent new and updated material. She offers a radically compassionate, counterintuitive approach to the change process by integrating Enneagram wisdom and coaching. This book will help coaches meet clients with presence and guide them in transformative movement toward wholeness.

Join other growth-oriented professionals around the globe who are having a profound impact through *Deep Coaching* as coaches and clients alike are led to significant outcomes that could not have been predicted.

The 2nd Edition incorporates new or heavily revised material from the original 2007 edition with 15 plus years of evolving the author’s own coaching, and teaching coaches from across the globe.



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Deep Coaching: Using the Enneagram as A Catalyst for Profound Change (2nd Ed.)

by Roxanne Howe-Murphy, EdD

What Coaching and Healing Professionals Say about Deep Coaching

Deep Coaching reveals a well-articulated, precise blueprint for change that is immediately accessible, universal in application, and profound in its orientation. With simplicity and acuity, Roxanne weaves together a rich tapestry of the human experience illuminating what is possible when we reorient our clients to a truer, more expansive sense of self. Inevitable struggles become unique pathways to our client's highest aspirations and deepest knowing. Whether you are new to coaching and the Enneagram or have decades of experience, this book will not only transform your coaching but also nourish a deeper understanding and experience of compassion, joy, and true freedom.

—Diana Redmond, PCC

ICF Mentor Coach, Enneagram Coach and Facilitator, Experiential Learning Leader

Roxanne's language in Deep Coaching helps me approach the human condition with compassion and hope as a pastor and spiritual director. She frees us from shaming framework often imposed by religion or psychology and invites deep curiosity about the ways we've been formed and why. Her work with the Enneagram lights up paths of liberation toward greater connection with ourselves, with others, and with whatever we might call the divine. It's become an essential part of both my pastoral and coaching work!

—Reverend Julie Van Til

IEA Accredited Professional and Deep Coaching
Certified Enneagram Coach

This book changed my life! Roxanne Howe-Murphy offers a compassionate, wise, and insightful book about the human experience. Educators will find the practices valuable for personal and professional development. It also changes communities. I found it incredibly useful in designing and implementing educational and therapeutic programs for individuals with autism and other developmental disabilities. Read it for yourself and for those who you serve.

—Irma Velasquez, LHD

Founder, Wings Learning Center and De Colores Arts
Author, *Fish Dreams: A Mother's Journey
from Curing Her Son's Autism
to Loving Him as He Is*

The first edition of Deep Coaching proved an invaluable tool and guide as I moved from my physician role of treating illness to my role of guiding that same patient and client into a new relationship with their deeper knowing. This new and enriched volume, I am sure, will be as worn and dog-eared as its predecessor. Helping my consulting patients and coaching clients to look through the lens of Enneagram core type has been revolutionary. I enthusiastically urge anyone wishing to work with physical, emotional, and spiritual healing to embrace this volume.

—Karen A. Van Zino, MD
Deep Coaching Professional

Author, *Midnight's All a Glimmer: Poetry, Personality, and the Power to See*

Deep Coaching is both profound and practical. Roxanne's wisdom and counterintuitive approach to change is powerful. Her approach described in this book has changed my life. As a result, I have increased my capacity to be more present, aware, compassionate, and choiceful. This book also provides a practical guide for using the Enneagram and deep coaching to support clients in accessing their gifts and releasing old patterns.

—Marcia Hyatt, PCC Leadership Coach
Creator of Best of Ourselves Podcast

Author, *What Have I Mythed? Stories for Reflection*

Roxanne's visionary way of teaching the Enneagram when combined with coaching offers us a powerful map for how to walk with someone into the tender territory of personal transformation. Deep Coaching opened me to the Enneagram as an embodied, heart-opening, truth-telling journey that has led to shifts in perspective and sustainable change in my life and the lives of my clients. This book is a one of a kind treasure!

—Devon Carter, ACC, CMT
Somatic Enneagram Coach

Roxanne Howe-Murphy's writings and teachings have had a profound impact on my life as an executive in state government and as a coach and human being. Deep Coaching is a magical combination of compassion, wisdom, insights, and clear, pragmatic, hands-on tools and practices that support personal exploration and growth through the power of presence and attention to our three centers of intelligence. The second edition of this brilliant, insightful, and very practical book has high value for leaders who seek a deeper understanding of the amazing diversity of human motivation.

—Susan M. Hansch, MA, ACC, IEA
Deep Coaching Certified Professional
Retired Chief Deputy Director of California Coastal Commission

Roxanne's work is a brilliant discourse on how we can benefit from honoring the wisdom of the Enneagram to move our clients towards life's fullness. It is a gift to my Rosen Method bodywork practice, to my clients, and for my own journey toward living a more spontaneous life. Deep Coaching offers rich insights into how we can realize our own capacity to be present as we untangle the knots of our default patterns, allowing for a more rich and authentic life, free from our conditioned responses, and in greater alignment with our truth.

—Jeanie C. Williams
Senior Rosen Method Bodywork Practitioner

After studying the Enneagram for years with other teachers, I am grateful for both the creation and further development of Deep Coaching: Using the Enneagram as a Catalyst for Profound Change.

Reading Roxanne's words evokes the wisdom I've always known within myself. The art of deep coaching is Roxanne's invitation to each of us to relax into who we truly are. It invites us as coaches to create an expansive container to help both ourselves and others to explore any experience from our three centers of intelligence: the sensations of the body, the emotions of the heart, and the quiet mind, revealing the mystery of ourselves as we relax our personality reactions.

—Brian Mitchell-Walker, PCC
Riso-Hudson Certified Enneagram Teacher
IEA Former Board Member
Racial Justice Facilitator
Certified I.D.E.A. Enneagram Practitioner

Deep Coaching is a groundbreaking contribution not only to the coaching field and Enneagram community, but also to humanity as a whole. Human beings have the capacity to evolve, and this book is a road map for this evolution. Deep Coaching has been used as a guide by many coaches to support transformation and healing in the individual and collective consciousness. Through spiritual guidance such as presence and practical day-to-day instructions, Roxanne brings a radically compassionate approach to coaching, in a world that so desperately needs it. We each have the option to stay in a constricted state of being or to live into our highest potential; Roxanne not only creates a road map for the path to wholeness and a meaningful life but also ushers you through the journey with radical honesty and deep love.

—Lara Heller
ACC Certified Coach and Enneagram Teacher and Facilitator

Having spent much of my life in active addiction, I work as an addiction recovery coach and help traumatized and hurting men laden with shame rise beyond the same sort of inner pain that plagued much of my life. This work requires delicate and compassionate holding. Of all the traditional psychotherapy and training I have received, nothing landed in my heart like the coaching course where I met Roxanne and her vision for personal growth. The deep coaching methodology has become the foundation upon which I have learned to explore my own inner sanctum. Maya Angelou said, "There is no greater agony than bearing an untold story inside you." This book is a gateway to the story of who we are, and we need to explore it, speak it, own it, and live to enjoy it every day. Deep Coaching teaches you first to deepen your understanding of self and, on the wings of this discovery, to coach others to recognize the joy to be found by re-embracing the spark of life that first accompanied them into this world. Thank you, Roxanne, for giving so much back to a world so in need of the guidance you bring through this book and through your never-ending quest to help others live free in their deserved inner truth.

—Mark Drax, Addiction Recovery Coach, England

Deep Coaching embodies the sacred path that clients need to confidently reach their highest potential. In graceful support of this journey, Dr. Roxanne Howe-Murphy has adeptly combined an aliveness of the Enneagram with practical tools for presence. This masterful confluence illuminates the path of the seeker toward wholeness and radical acceptance of their full expression of being a messy, brilliant, beautiful, and courageous human.

—Pamela Johnson
Transformational Life Coach
Enneagram Teacher
Archetypal Consultant

Deep Coaching is a must-read for those who are courageous enough to walk the road less traveled and who are passionate about creating profound, sustainable transformation. Roxanne's approach includes the coach as an instrument of love and interconnectedness, which spans beyond traditional coaching approaches. Her concept of shared commonalities among everyone reminds me of what we describe in South Africa as Ubuntu. Ubuntu is a Zulu term meaning 'humanity' and is roughly translated as 'I am because you are.' Hence, the ability to be seen, heard, and accepted precisely for who we are is a starting point for developing trust in the coaching relationship. This book is the best coaching guide for presence-based coaching practices and strategies to grow individuals and leaders.

—Alicia S Pieterse, MA
Founding Member, Nurturing Growth Trading
International Leadership and Depth Coach, Johannesburg, South Africa

I found Deep Coaching to be very helpful in deepening the coaching experience. As a licensed counselor, I unexpectedly found this book equally applicable in the realm of therapy. At its core, successful therapy is about connecting to people. The deeper the connection, the higher the likelihood for change and healing. The five pillars taught throughout this second edition and the elements of the iceberg model, along with all the suggested prompts and inquiries, teach us how to deepen the connection to others and approach our clients with the ability to understand, validate, and ultimately facilitate transformation.

—Jared Bingham, Licensed Professional Counselor
Chief Operating Officer, High Country Behavioral Health

I highly recommend Deep Coaching as an indispensable guide for the spiritually wired coach actively engaged in deep inner work. Roxanne's work uniquely depicts the architecture of personality structure by Enneagram types, integrates an understanding of each type's relation to the Enneagram's centers of intelligence, and intertwines deep understanding of the work of Presence. The book presents a wealth of wisdom and guidance for precisely tailored coaching to a client's uniqueness by personality type. Deep Coaching supports a deep, dynamic coaching engagement that potentially leads to an ongoing deepening of the coach's self-realization and subsequently actualizing such in the world through coaching with psychological and spiritual expertise.

—Samuel Schindler
The Narrative Enneagram Certified Teacher
Practitioner, Diamond Approach

Roxanne Howe-Murphy artfully marries the science of the Enneagram with a delicious exploration of our deepest inner life experience. This book is a game changer for coaches and other professionals who seek insights into the psychological architecture and the resultant motivations, fears, and desires of each personality type. This book is key to my personal journey as well as the work I do with clients, as it offers an exciting vision of human possibility and a clear map of the nine paths supporting our transformation to our highest self-expression.

—Nelia Steyn
Coach, Consultant, and Corporate Trainer, Pretoria, South Africa

Praise for *Deep Coaching*:

This is a living, dynamic teaching. I invite you to immerse yourself in it to discover what it will awaken in you.

—Belinda Gore, PhD, Author

*Finding Freedom in Authentic Relationships:
A Life-Changing Exploration of the Enneagram and Object Relations*

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—Brian Mitchell-Walker, PPC, Canada

Former International Enneagram Association Board Conference Co-chair

A pioneer and global expert in integrating the Enneagram with executive and life coaching, Roxanne Howe-Murphy, EdD, authored the acclaimed and international best selling book *Deep Living with the Enneagram: Recovering Your True Nature (Rev & Edited, 2020.)* Dr. Howe-Murphy works as a change agent, thought leader, and master teacher. She founded Deep Living Lab, a non-profit engaging humans in healing complex, interwoven inner and outer divisions. She and her husband live in Santa Fe, New Mexico and enjoy hiking in the mountains and soaking in a vast array of distinctive artistic, multicultural, and educational activities. An enthusiast of a broad range of musical expressions, Roxanne served on the board of a nationally respected professional chorale ensemble.

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Title: *Deep Coaching: Using the Enneagram as A Catalyst for Profound Change (2nd Edition)*

Category: Personality / Professional Development / Inspiration & Personal Growth

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Q & A's for

Deep Coaching:

Using the Enneagram as A Catalyst for Profound Change (2nd Edition)

by Roxanne Howe-Murphy EdD

1. Why did you decide to offer a revised and updated edition of *Deep Coaching*?

The original edition of this coaching book was published in 2007. Since that time, I've continued to learn and deepen my awareness and understanding of how truly profound and revolutionary a counter-intuitive approach to coaching with presence is. I have been changed in body, heart, mind and soul through working with my colleagues, teaching and mentoring coaches, and through my own transformational coaching practice. My spiritual practices also have continued to inform me. There was much more to say about *Deep Coaching* then I could offer in 2007. There's over 40% new or heavily revised material in this second edition.

2. What is the role of the Enneagram in transformation?

In order to grow and evolve, it is vital to see ourselves clearly and honestly. The Enneagram is the most powerful framework I've ever experienced for seeing oneself clearly through a very precise lens.

Through the Enneagram, we learn that there are nine major dimensions, archetypes, or spheres of consciousness that exist. On a human scale, this translates to nine dramatically different orientations to life—also known as personality types. Each of these nine orientations has specific and repeating patterns of thought, emotion, attention, and behavior that show us how we come to have a certain identity, how we come to believe what we do about life, and how we cope with life. Combined, these patterns form the basis of our internal reality, which is often confused with reality itself.

The patterns once recognized for what they are—automatic activity that we share with approximately one-ninth of the population—become the doorways to our transformation, which is available right here and now.

The Enneagram is often narrowly described as a personality typing system, but when used fully, as it is in the *Deep Coaching* and *Deep Living* books, it gives us a map for awakening from our most restricted and confined existence so that we may recover our liberated and expansive nature.

3. What do you mean by Deep Coaching?

Two major influences led me to recognize that coaching can go far beyond a linear problem-to-solution approach to one that honors the mysteries of the human being and of life itself. One, of course, was the Enneagram. The second important influence was the ‘deep movement,’ which came more to the surface in the 1960’s and 70’s. Among the many expressions of the deep movement were deep ecology, deep space, and deep democracy. It became clear to me that a new worldview that accessed our deeper nature would benefit the coaching process and profession.

The human experience is messy, and it does not provide a guidebook on how to live. I’ve seen many people seek coaching because they think that there is something wrong with them, or they may want a quick fix for what they see as recurring problems. It’s painful to see how judgmental and hurtful many people are to themselves. I have not found this to be a helpful starting point for meaningful change.

Deep coaching meets individuals in the client’s inner terrain, the multi-dimensional variations in the human condition including the individual’s intentions, self-doubts, challenges, possibilities, and capacity for inner growth—and provides support for the integration of what can feel like separate pieces of their inner world. It acknowledges not only the personality and the messy issues that are part of the human experience, but also what lies beyond the personality and our clients’ ways of perceiving themselves. Here we have the sacred opportunity to be with clients in a sliver of the mystery of who they truly are.

4. In the Foreword to the 2nd edition, author Belinda Gore, PhD says that you offer a revolutionary approach to coaching. What does she mean by this?

Deep Coaching is oriented toward healing and wholeness. That worldview in itself is still quite radical in the growth-oriented professions. The perspective that has been dominant, especially in the Western world, is to focus on fixing something that is seen as broken.

The entire deep coaching approach runs counter to the usual way of thinking about how human development and transformation occur. Many of us have been trained to ‘figure out’ what the best strategy is to arrive at a desired goal. Often change-oriented strategies are created through a busy mind, rather than allowing our deeper (and higher) levels of intelligence to inform us. It takes courage to be in the unknown with our clients, and not be responsible for figuring out solutions in advance, or projecting our own biases onto them.

It is still revolutionary to understand that the Enneagram does not tell us who we are through our personality type, but, in truth, who we are not. Our type’s underlying motivations actually provide the pathways to healing, if we are willing to step into discomfort.

While coaching skills, knowledge and practices, of course, support the work, *Deep Coaching* calls upon professionals to be with clients in their inner world so that the clients can more easily attune to their own inner truth and being.

5. What is one of the most important things that readers can do to make a positive difference in their lives?

Whether as a professional or a potential client, one of the most tangible and potent places where you can put your energy is in changing your relationship to the inner critic!

Why? Because the inner critic is one of the greatest sources of suffering in people's lives. You see it in every opinion and judgment you have. How you experience yourself is intimately related to the amount of internal life space your inner critic takes up! It can't help but affect your relationship to yourself and others, the decisions that shape your life, and how you do life. Left to operate on its own, it extorts a heavy price that's ultimately paid by a scarred and deadened soul.

The inner critic is one of the most powerful influences that keeps you from being present and embodying your inner authority.

When it takes a turn outward, the critic is reflected in the often-secret judgments held toward loved ones and friends and even toward strangers. Evidence of its prevalence at a more global level is demonstrated through unresolved race relations, in the lens through which different secular or religious sects and communities relate to each other, and in international relations.

6. What do you want for readers of this book?

It is my great desire that readers will find *Deep Coaching* to be a deep well of guidance and wisdom for the healing so needed in the world. Every time they open the book, it is my hope that they will experience deeper anchoring, openheartedness, curiosity, and courage, along with compassion and gratitude for their own inner work and the transformational possibilities that they support in others. It all matters.

In addition, many readers find that *Deep Living with the Enneagram: Recovering Your True Nature* (revised & updated, 2020) is a beneficial companion book. It is written for individuals who would like to learn more about a presence-based approach to the Enneagram, and to support and accelerate their own healing. Many professionals ask their clients to use it as a reference.

7. What are you currently working on?

I am in the midst of writing a book on an entirely new body of work called "EnneaCrossings™". I am very excited about it, and have been teaching this work for the last several years.

8. How can someone purchase your book?

Deep Coaching: Using the Enneagram as A Catalyst for Profound Change is available for purchase on most online booksellers. You'll find more information on my work at <http://Roxannehowemurphy.com>.

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Roxanne Howe-Murphy, EdD - Biographical Information

Dr. Roxanne Howe-Murphy integrates her education and the depth of her own personal work during four decades of professional experience in diverse fields—including rehabilitation, higher education, consulting, and coaching—in her most recent book, *Deep Living with the Enneagram: Recovering Your True Nature*.

A pioneer and global expert in integrating the Enneagram with executive and life coaching, Roxanne authored the internationally acclaimed book, *Deep Coaching: Using the Enneagram as a Catalyst for Profound Change*, which has provided guidance to thousands of coaches around the world. She founded the Deep Coaching Institute, which offers accredited training programs internationally to growth-oriented professionals wanting to embody the practical intricacies and the profound art, science, and spiritual consciousness of the Enneagram into their businesses' professional practices.

Roxanne's personal style, her breakthrough methods for sustainable transformation, and her deep honoring of the soul's journey have inspired laypeople and professionals around the world.

Grounded in the same values, the non-profit Deep Living Lab has a mission of contributing to high levels of collective well-being. Through its distinct approach, it delivers guided experiences in building capacities for engaged presence.

After living near the ocean for most of her adult life, Roxanne and her husband followed their heart's dream and moved to beautiful Santa Fe, New Mexico. Amid the beauty of the high-desert landscape, they enjoy hiking in the mountains and soaking in a vast array of distinctive artistic, multicultural, and educational activities. An enthusiast of a broad range of musical expressions, Roxanne served on the board of a nationally respected professional chorale ensemble and is a student of the cello.

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Roxanne Howe-Murphy, EdD - Biographical Information



Inner Adventurer, Lover of the Great Mystery

Roxanne Howe-Murphy has long been an adventurer, studying, teaching and writing about the inner terrain of the human condition and the relationship between the patterns of our egoic lives and the mystery of who we are beyond the ego. Recognizing that the journey inward is every bit as adventurous, vast and perhaps even more rewarding than the outward journey, her own exploration continues.

Since Roxanne was a child growing up in rural America, she was drawn to the preciousness of this human experiment and to the big spiritual questions of life. While she didn't always have the words for it, she felt deeply connected to the sacred in all that exists, and to exploring the Great Mystery that is the source of the cosmos. After a substantial and painful period of 'forgetting who she was,' Roxanne found her way back to a deeper guidance while inquiring into the terrain of the human soul and eventually recognizing that the Unknown is inherent in the fabric of life.

Beyond her education, training and professional experience, Roxanne is deeply inspired by her trust in the capacity of the human spirit that urges us toward manifesting our highest nature for our individual and the collective good.

Thought Leader and Change Agent

After the profound experience of working professionally with individuals with varying abilities and disabling conditions in her early professional life, Roxanne served for nearly 20 years as undergraduate and graduate faculty at San Jose State and Boston Universities, teaching dozens of undergraduate and graduate courses in leadership, research, and interdisciplinary therapeutic and wellness-based subjects. She co-authored a leading-edge textbook, authored dozens of articles and gave hundreds of presentations, primarily focused on new ways of thinking, working, and being—both personally and in social systems. Later, she was also on the faculty for the Core Strengths Coaching Program created at San Francisco State University, and one of the first university-based coaching programs to be grounded in positive psychology.

In 1997, she founded an executive and life coaching company. After studying and researching ways to incorporate the profound wisdom of the Enneagram into coaching, Roxanne's first book in the

Enneagram field, *Deep Coaching: Using the Enneagram as a Catalyst for Profound Change* was published in 2007. Adopted internationally, it led to the development of the Deep Coaching Institute, (www.deepcoachinginstitute.com) offering a robust nine-month coach certification program where Roxanne continues to serve as a partner and senior faculty. The school is accredited by the International Coach Federation and the International Enneagram Association.

The Deep Living Lab, (www.deeplivinglab.org), offering retreats, courses, and in-person and virtual circles to support being at home in oneself and an agent of love in the world, was born out of Roxanne's second Enneagram-based book, *Deep Living: Transforming Your Relationship to Everything That Matters through the Enneagram*. She serves as founding teacher, retreat leader and mentor for the institute.

Author and Retreat Leader

In *Deep Living with the Enneagram: Recovering Your True Nature*, Revised and Updated, Roxanne expands upon the original book's purpose of increasing self-awareness and imparting a sense of the powerful healing and transformation available through a presence-based approach to the Enneagram. The intention of the revised and updated edition is to provide ways to build on our innate capacities for developing a strong core foundation to serve as an anchor in today's uncertain times and to offer a lens for broadening our understanding of others, which is so necessary in today's changing world.

"This fascinating and penetrating work speaks to one's soul, as if it recognizes and knows you." The "Beyond Duality" retreats explore openings and obstacles to experiencing expanded states of awareness as part of daily living. With a radically compassionate approach to inquiry, somatic and contemplative practices, Roxanne uses Enneagram and EnneaCrossings™ as vehicles of wisdom to support the movement toward presence and wholeness. EnneaCrossings™ is a body of work that has been developing since 2012 and is the focus of her next book.

Roxanne lives with her husband in the high mountain desert of Santa Fe, New Mexico where the beautiful, spirit-infused landscape and nature nourish her soul. The racially and ethnically diverse peoples of this land and the creative spirit in its many expressions coalesce, flourish and inspire her.

Credentials

EdD in Learning & Instruction with a Counseling Psychology emphasis,
University of San Francisco
M.A. in Therapeutic Recreation, San Jose State University
B.A. in Social Work and Sociology, University of Iowa
Certified teacher, The Enneagram Institute, New York
Accredited Teacher, International Enneagram Association
Certified Coach, International Coach Federation
Certificate in Mediation
Founder and Senior Faculty, Deep Coaching Institute
Founding Teacher and Mentor, Deep Living Lab

Deep Coaching

Using the Enneagram
as a Catalyst for Profound Change
(2nd edition)

Unlocking Transformative Sources
of Healing and Wholeness

Roxanne Howe-Murphy, EdD

In the second edition of her groundbreaking book *Deep Coaching: Using the Enneagram as A Catalyst for Profound Change*, Dr. Roxanne Howe-Murphy refines the integration of Enneagram wisdom and coaching with more than 40 percent new and updated material.

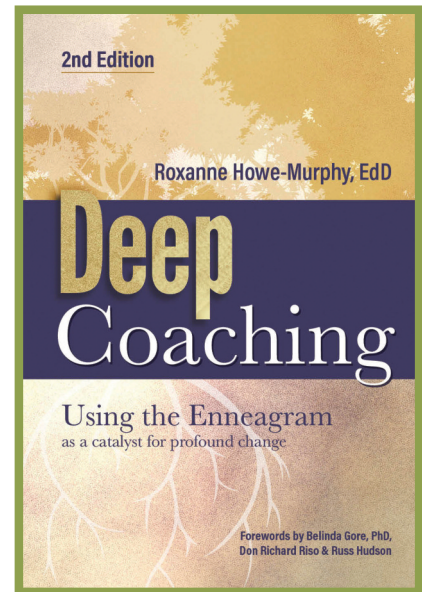
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- Build client capacity for the transformative impact of direct, in-the-moment contact with their experience, creating shifts to meaningful choice and inner freedom.
- Support clients in embodying the alignment between their authentic inner guidance and the outward expression of their true priorities.
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ABOUT THE AUTHOR

A pioneer in integrating the Enneagram and coaching, Roxanne Howe–Murphy, EdD, works as a change agent, thought leader, and master teacher. Author of the multiple award–winning and Amazon #1 international bestseller *Deep Living with the Enneagram: Recovering Your True Nature*, she founded Deep Living Lab, a nonprofit engaging humans in healing complex, interwoven inner and outer divisions. She lives in Santa Fe, New Mexico.

Of special note is that Roxanne Howe–Murphy's two groundbreaking titles speak to interrelated audiences. *Deep Living with the Enneagram: Recovering Your True Nature* (revised in 2000) is offered to readers who are drawn to developing greater self–awareness and transformation, and who may seek out a coach or other growth–oriented professional. Professional coaches also may recommend this book to their clients. *Deep Coaching: Using the Enneagram as A Catalyst for Profound Change* is written primarily for growth–oriented professionals.

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—Diana Redmond, PCC, International Coaching Federation Mentor Coach

The art of Deep Coaching opens practitioners and clients alike to the mystery of our ourselves as we relax into and embrace our truer nature.

—Brian Mitchell–Walker, PPC, Canada

Former International Enneagram Association Board Conference Co–chair