

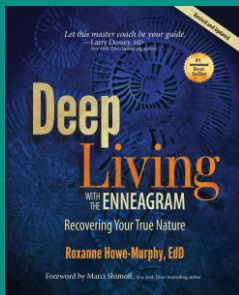
Just Who Do You Think You Are?



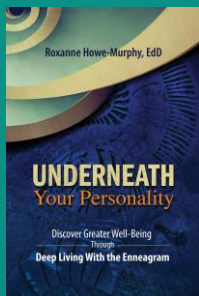
The personality lie can keep you skating on the surface of life. The greatest adventure is discovering the rest of who you are. Being fully human and recovering your sacred wholeness is an act of deep love and hope for yourself and for humanity.

Dr. Roxanne Howe-Murphy

#1 Amazon Best-seller

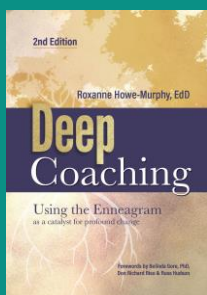


Deep Living with the Enneagram:
Recovering Your True Nature



Underneath Your Personality:
Discover Greater Well-being through
Deep Living with the Enneagram

2nd ed.



Deep Coaching:
Using the Enneagram As a
Catalyst for Profound Change

Best-selling Author. Catalyst for Transformation. Pioneering Thought Leader

For over 25 years, Roxanne's deep living approach has helped thousands of people globally move from living on the surface to engaging in life from their truer nature. Founder of a coaching school & Deep Living Lab, a social impact nonprofit. Her work has been lauded as profound and practical, radically courageous, and kind.

Story Ideas:

- **Did You Think You Were Supposed to Have Life Figured Out by Now?**
3 tips for coaching yourself through the angst of not knowing your next step.
- **Is That the Voice of Your Inner Guidance or Inner Critic?**
5 Ways to distinguish between your inner voices and why it matters.
- **Are You Accessing Your Wisdom as a Leader?**
3 hidden sources of intelligence to support your effectiveness.
- **4 Powerful Ways for Business People to Disarm the Armor**
Turning a potentially unpleasant interaction into a preferred outcome.
- **Why People Don't Do Things the Way We Think They Should**
Insights on why the 'illogical' behavior of others feels so obviously right to them.
- **The Ego-Code: What It Means to Be Your Authentic Self**
Begin creating freedom from the invisible inner rules that shape how we 'do' life
- **Let Your Essence Shine: A Stunning Perspective on Personal Growth**
Busting the myth that personal change means 'fixing yourself.'
- **What Keeps You Stuck?**
The 5 surprising elements of our ego identity that distances us from what has real meaning.
- **An "Out-of-the-Ordinary Experience": The Origin Story of Deep Living**
4 important lessons from Roxanne's experience that changed her life and led to Deep Living.
- **Is Your Personality Making You Sick?**
4 keys to recognizing and releasing the grip of the personality for greater well-being.
- **Elevate Your Well-being from the Inside-Out**
Creating the conditions that strengthen your innate capacities for living your desired life.

Media

Flemming Christiansen Enneagram Podcast (Denmark):
Best of Ourselves Weekly Podcast Show with Marcia Hyatt
VoiceAmerica, Love, Light Show with Dr. Jean Farish
Amiel Handelsman Podcast

CONTACT INFO



www.deeplivinglab.org



650-430-4322



roxanne@roxannehowemurphy.com



www.Roxannehowemurphy.com