

Just Who Do You Think You Are?

Recovering your sacred wholeness and deep kinship with life is an act of being the truest expression of yourself. Discover *The Four Sacred Portals*, a trail-blazing book launching 11/11/25 and offering a map for aligning your inner awareness with how you engage in life.

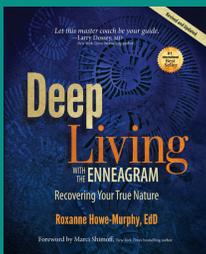
“This is a powerful and brilliant approach to transformation. Anyone can benefit.” – Jack Canfield



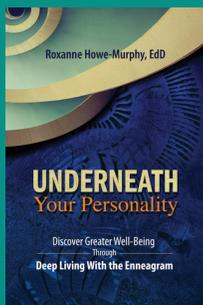
DR. ROXANNE HOWE - MURPHY

Best-selling Author, Catalyst for Transformation, Pioneering Thought Leader, Elder

#1 Amazon Bestseller

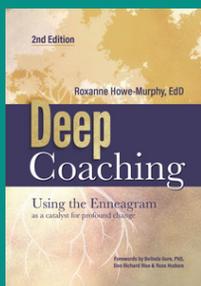


Deep Living with the Enneagram: Recovering Your True Nature



Underneath Your Personality: Discover Greater Well-being through Deep Living with the Enneagram

2nd Edition



Deep Coaching: Using the Enneagram As a Catalyst for Profound Change

Imagine knowing you are already whole—knowing you belong, and that your presence truly matters. For more than 25 years, Roxanne Howe-Murphy, EdD, has guided thousands across the globe to live from their innate wholeness and deep belonging within the web of life. As founder of a pioneering coaching school and co-founder of Deep Living Lab, her work is celebrated for being both profoundly transformative and eminently practical—radically courageous while deeply compassionate.

Story Ideas

Self-Remembering

The secret to building a nourishing, growth-oriented life.

Something You Wouldn't Have Gessed

Discover two fundamental—yet often ignored—dimensions of your nature that allow you to experience yourself as whole.

Did You Think You Were Supposed to Have Life Figured Out by Now?

3 tips for coaching yourself through the angst of not knowing your next step.

Are You Accessing Your Wisdom as a Leader?

The hidden power of practicing healthy 'holding' with your team and organization.

The Hidden Costs of Low Self-Confidence

Stories and tips for cultivating trust from within.

Is That the Voice of Your Inner Guidance or Your Inner Critic?

5 ways to distinguish between your inner voices—and why it matters.

Busting the myth that personal change means “fixing yourself.”

Let your essence shine with this stunning perspective on personal growth.

An “Out-of-the-Ordinary Experience”: The Origin Story of The Four Sacred Portals™

4 lessons from Roxanne’s transformative experience that sparked a new body of work.

Media

Podcast interviews include: The Best of Ourselves; Building Bridges; Bump in the Road; Heart & Soul with Kim Sorelle; Flemming Christensen Podcast Co.(Denmark); Amazing People, Amazing Things; Narrative Voices; KSFR The Last Word Radio; Chrissy Cordingley (Canada); Clarissa Burt Limelight Media Radio; Becoming Bridge Builders; Vulnerable Power Show.

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